

Supplies Needed:

Monkey's Fist Tool, Core (Small ball or wood bead) Approx 3/4 in, Approximately 1 1/2-2 1/2 yards of Parachute Cord.1

TYING THE KNOT

Begin by tying an overhand stopper knot in the end of the cord and hook it in the notch on the west side of the Guide

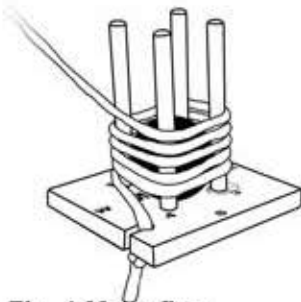


Fig. 1 Make five wraps clockwise.

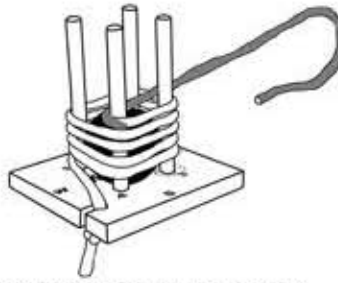


Fig. 2 Continue around post 4. Take the working end between posts 2 & 3.

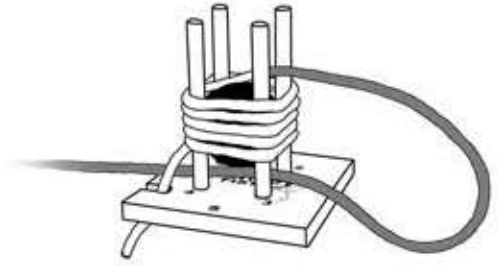


Fig. 3 Bring end UNDER and out the west side of the tool.

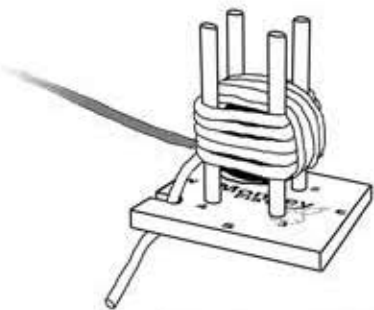


Fig. 4 Continue with five wraps.

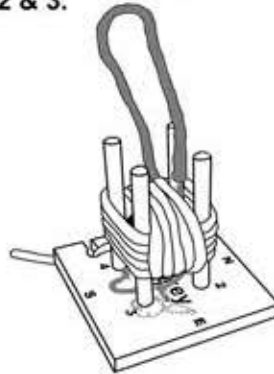


Fig. 5 Feed working end DOWN between posts 1 & 2.

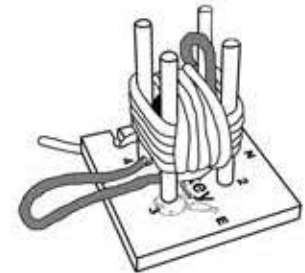


Fig. 6 Bring working end UP between posts 4 & 3.

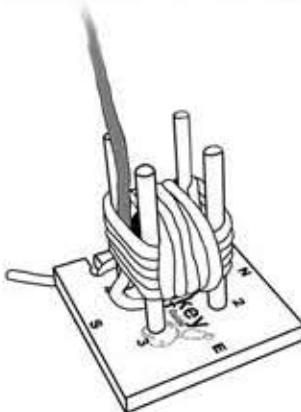


Fig. 7 Bring working end UP between posts 4 & 3.

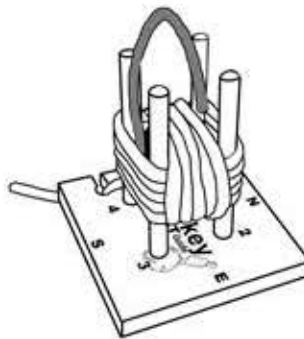


Fig. 8 Continue with five wraps.

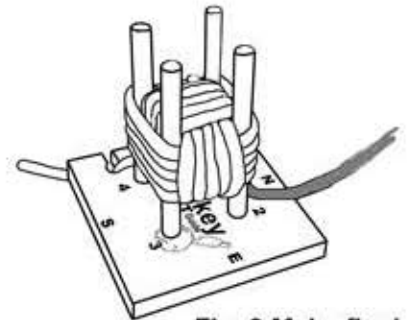


Fig. 9 Make final wrap with end coming out at north side.



Fig. 10 Remove by unhooking stopper knot from notch and sliding the loose monkey fist off of the posts.

To finish, slowly tighten the knot keeping even tension all around. This will take some practice to get correct. Start from the middle and work to the ends several times. Do not try and tighten completely the first time through. It is important to keep all the wraps flat.

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